

International Commission for Alpine Rescue

The Avalanche Victim Resuscitation Checklist

20151017-MED-REC0033 Alpine Emergency Medicine Commission Recommendation

"The Avalanche Victim Resuscitation Checklist" and "The Teaching Presentation" are freely downloadable under the links published on this ICAR website (under information, recommendations). Both documents can freely be printed and distributed yours.

However It's a must for everyone to go through "The Teaching Presentation" first before using the checklist in the field. It's the best way to transmit the same information and clear messages for everyone and in all available languages.

We would be very grateful if you could send us an e-mail via avalanche.checklist@gmail.com, mentioning the rescue service you are using the checklist in. This gives us the possibility to obtain feedback from you users all over the world; and it will also allow us to optimize the checklist if needed. Of course we will use that same channel as well to communicate further updates and news about "The Avalanche Victim Resuscitation Checklist" and "The Teaching Presentation" to you.

Thank you!





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